



The Power of Healthy Tension

Leaders are ineffective when they can't navigate conflicting points of view.

Tim Arnold helps you understand the chronic issues that hold back leadership and teamwork, so you can thrive!



As leaders, we often treat every challenge as a problem to be solved, with a right or wrong answer.

Planning or Action? Structure or Flexibility? Change or Stability?

But this "either/or" thinking is a dangerous trap! To be a better leader — both at work and at home — we need to realize that many of life's challenges are tensions to be managed.

The Power of Healthy Tension provides a simple framework that allows leaders to tap into the power of "both/and" thinking. By doing this, we gain a massive competitive advantage, and move from surviving to thriving.

KEY LEARNINGS



Embrace Diverse Perspectives

Gain the ability to work effectively with people who have different opinions and perspectives than your own.



Communicate More Effectively

Learn the difference between a problem to solve and a tension to manage, and the skills required to communicate conflicting points of view.



Make Better Decisions

Learn a thoughtful, deliberate decision-making approach when dealing with complex issues.

WHY IT DELIVERS

Relevant & Timely

It feels like the world around us is becoming more polarized each day. Embracing healthy tension has never been more critical to success.

Practical & Actionable

Real-world examples make sense of the framework and provide skills you can apply right away.

Interactive & Fun

No one wants to attend another boring talk. Audience interaction and just the right amount of humour bring the keynote to life and make it memorable.

"Healthy Tension is a simple yet profound concept that our senior executives are now raving about. Leaders for Leaders kept the crowd engaged and we were able to have fun and learn at the same time!"



KIM STONE
Executive VP
Miami Heat

REQUEST A KEYNOTE

1

Get a Free Proposal

Fill out our brief keynote request online to receive a proposal

2

Customize It

Fill us in on logistics, timing and any special requests to ensure your keynote comes off without a hitch.

3

Leave the Rest to us!

Sit back, relax, and get ready to be celebrated for planning the perfect event!



Tim Arnold

Speaker. Author. Facilitator.

*Tim Arnold is passionate about helping people overcome the chronic issues that hold back leadership and teamwork, so they can thrive. He is the author of the book: *The Power of Healthy Tension*, and speaks to organizations around the globe on how they can overcome chronic issues and conflicting values.*

GET IN TOUCH TO FIND OUT MORE!

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