

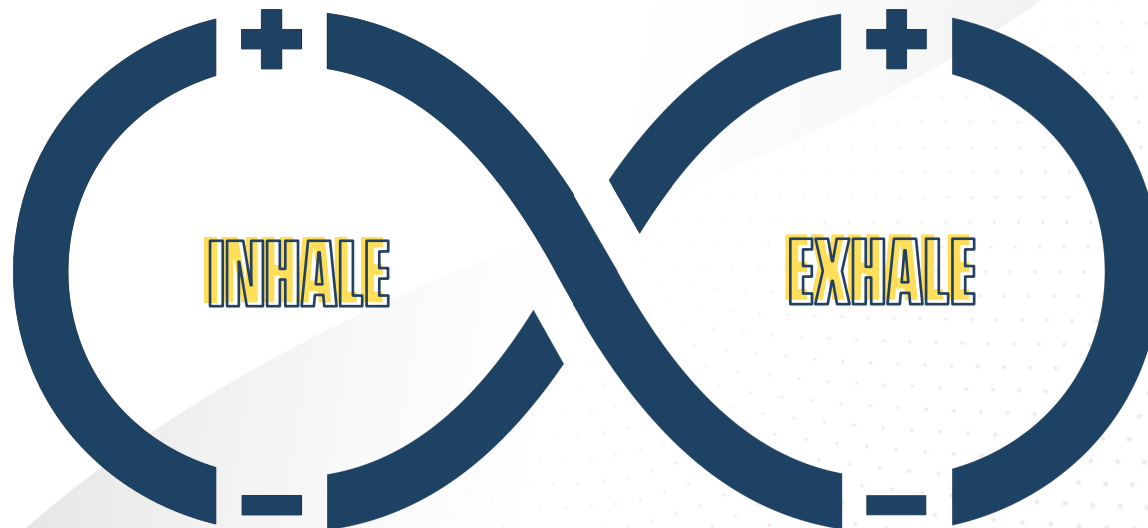


NEXT-LEVEL TEAMWORK

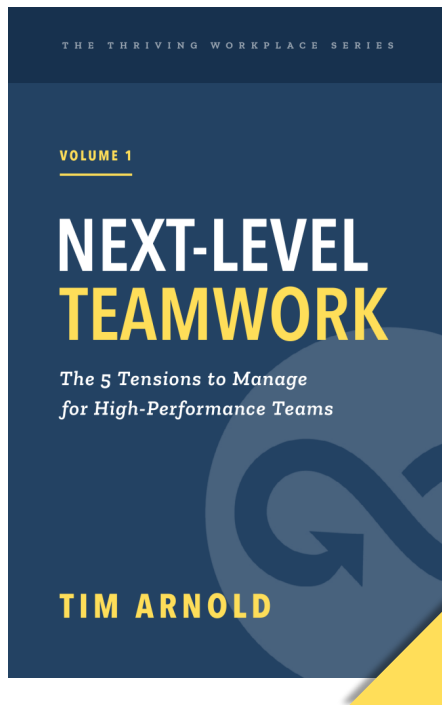
The 5 Tensions to Manage for
High-Performance Teams



BREATHING



THE 5 CRUX TENSIONS



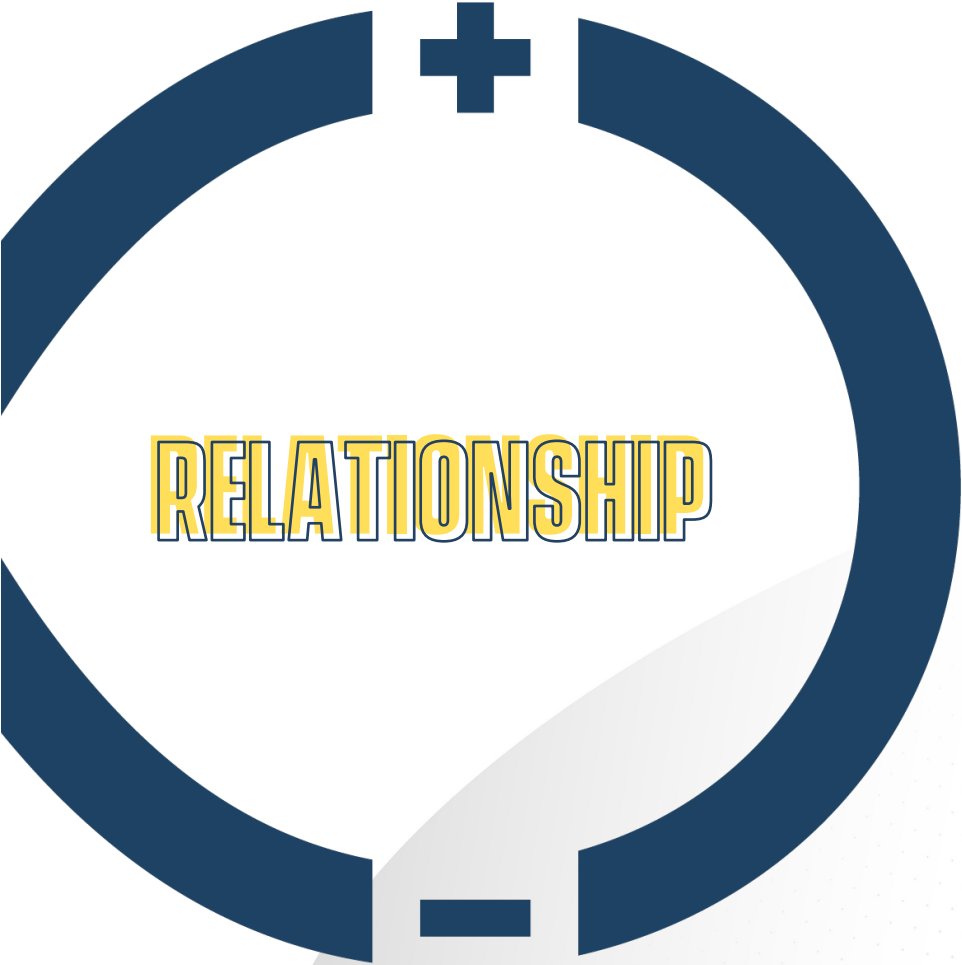


WE MUST ESTABLISH **PERSONAL**
CONNECTION
WITH EACH OTHER.

CONNECTION
BEFORE CONTENT.

WITHOUT RELATEDNESS, NO ONE CAN WORK.

Peter Block, Founder
The Common Good Collective



RELATIONSHIP



DAILY

Start each meeting with 5 – 10 minutes of relational connection



WEEKLY

Create space to celebrate wins and “share the love”



SEASONALLY

Dedicate at least a half-day to get the team out of the office



FOCUS
ON BEING **PRODUCTIVE**
INSTEAD
OF **BUSY.**

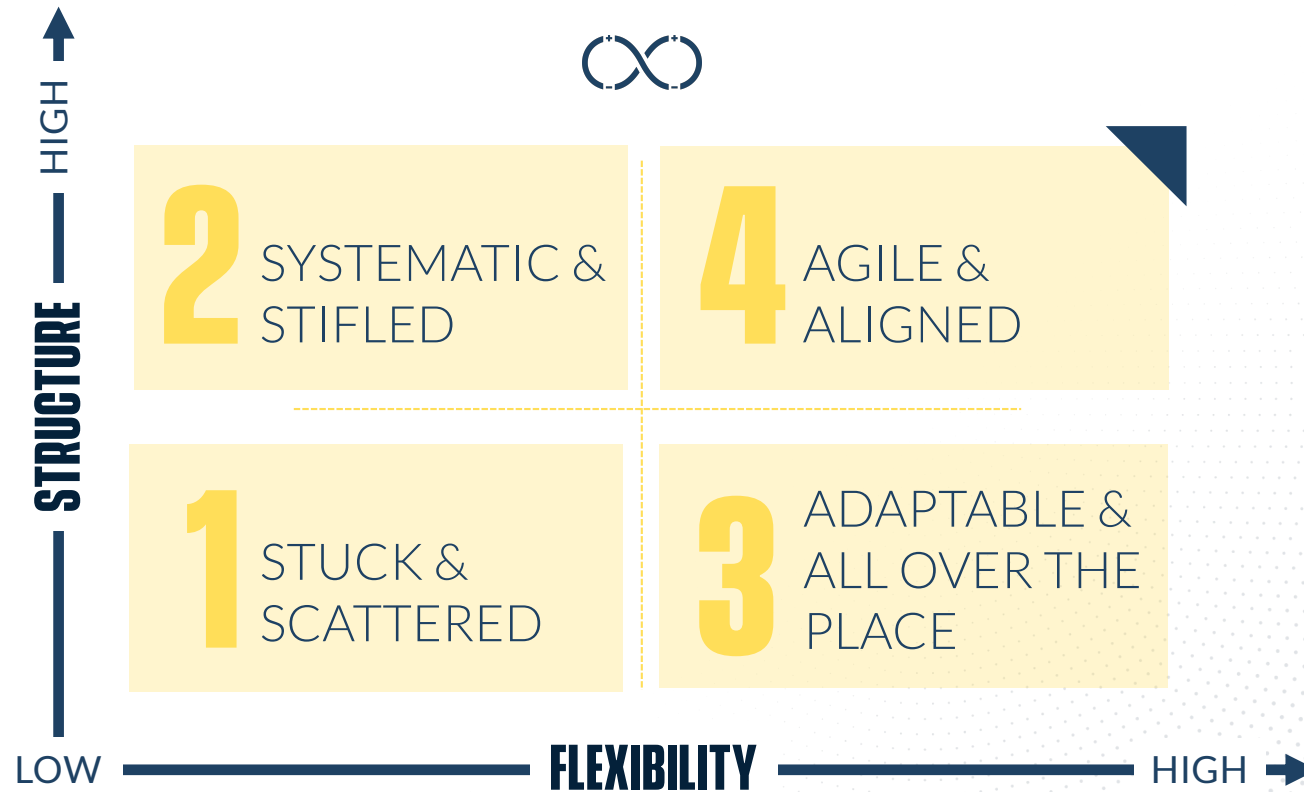
Tim Ferriss, Author
The 4-Hour Workweek

BUSY VS. PRODUCTIVE

- 1 Am I clear on what my piece is, and do I have the time and resources to deliver on it?
- 2 Are my fellow team members engaged and committed to owning their pieces?
- 3 Can I constantly assess whether we are winning or losing?



ASSESS





Average managers play
checkers, while
great managers
play chess.

Marcus Buckingham, Co-Creator
StrengthsFinder



FLEXIBLE OR NOT FLEXIBLE



Punctuality (ex. around workday, breaks, etc.)



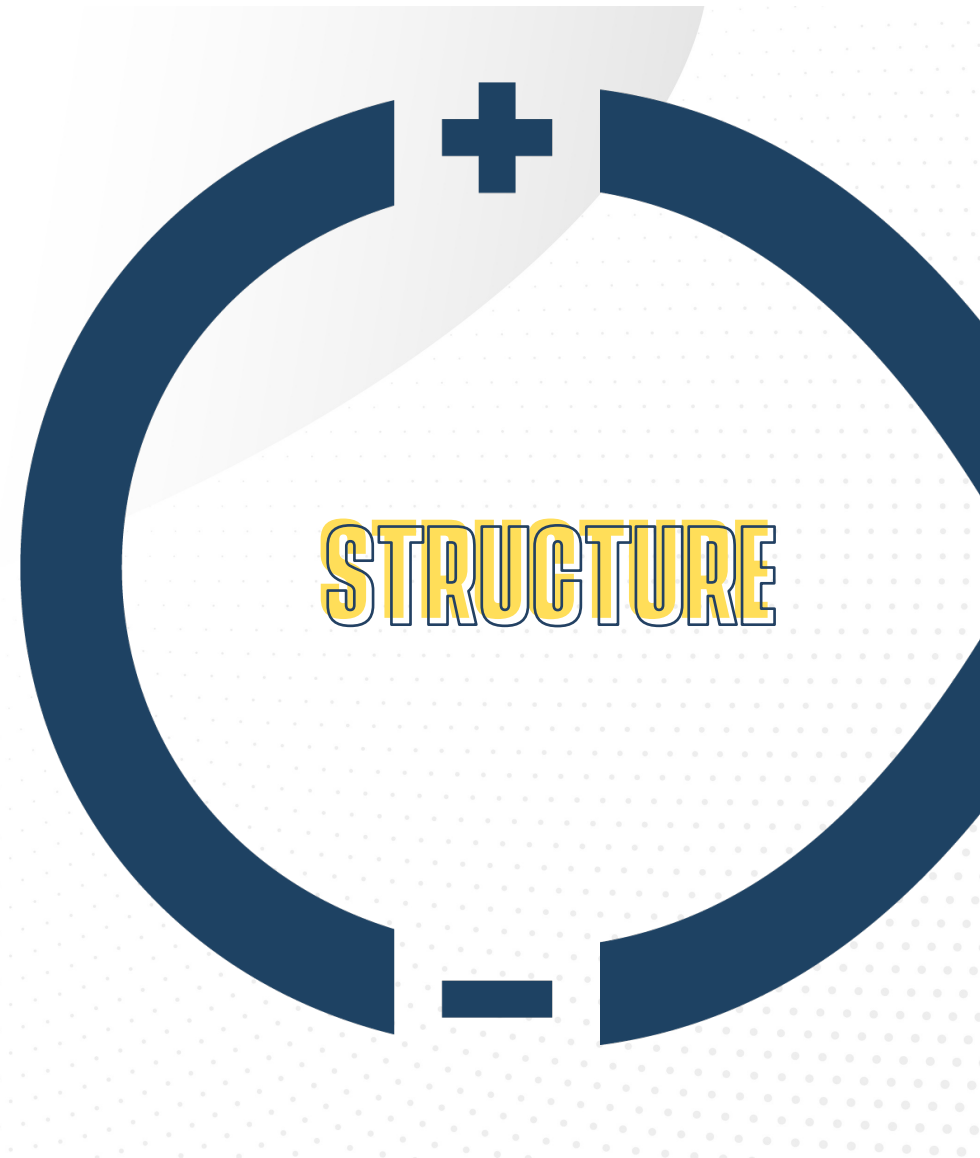
Meeting attendance & behaviours
(ex. call in if missing, leaving early, cell and laptop use etc.)



Communication Norms: when to text, email, and/or call, and response time expectation.



Availability of team members during non work hours.





FROM AGGRESSIVE TO ASSERTIVE

- + Practice restraint
- + Ask better questions

Can you tell me more about what you mean by that?

What are your thoughts on the situation?



Yes, AND....

Here's the story
I'm telling myself.

FROM PASSIVE TO ASSERTIVE

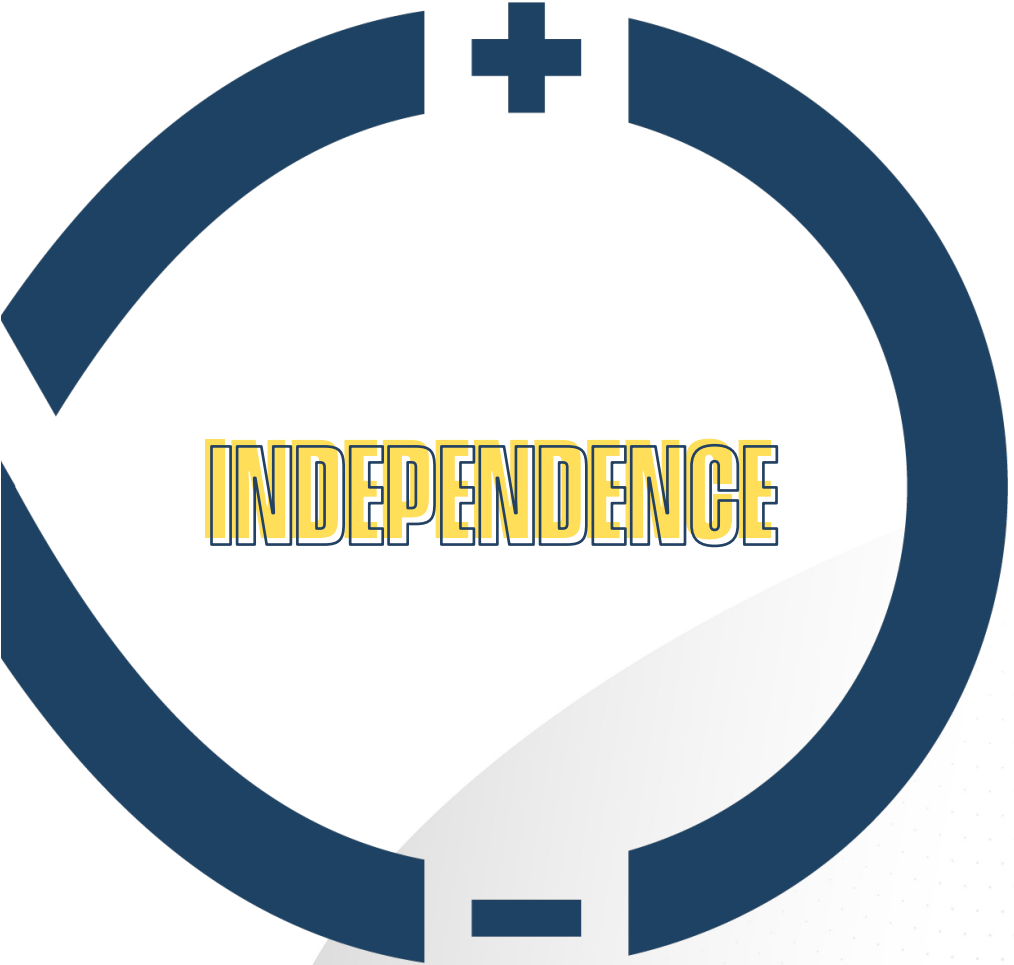
- + H.O.P.E.
- + Keep breathing

WORKING TOGETHER

in such a way that each person contributes their strengths, expertise, and perspective. Leveraging diversity to gain innovative and effective results.



COLLABORATION

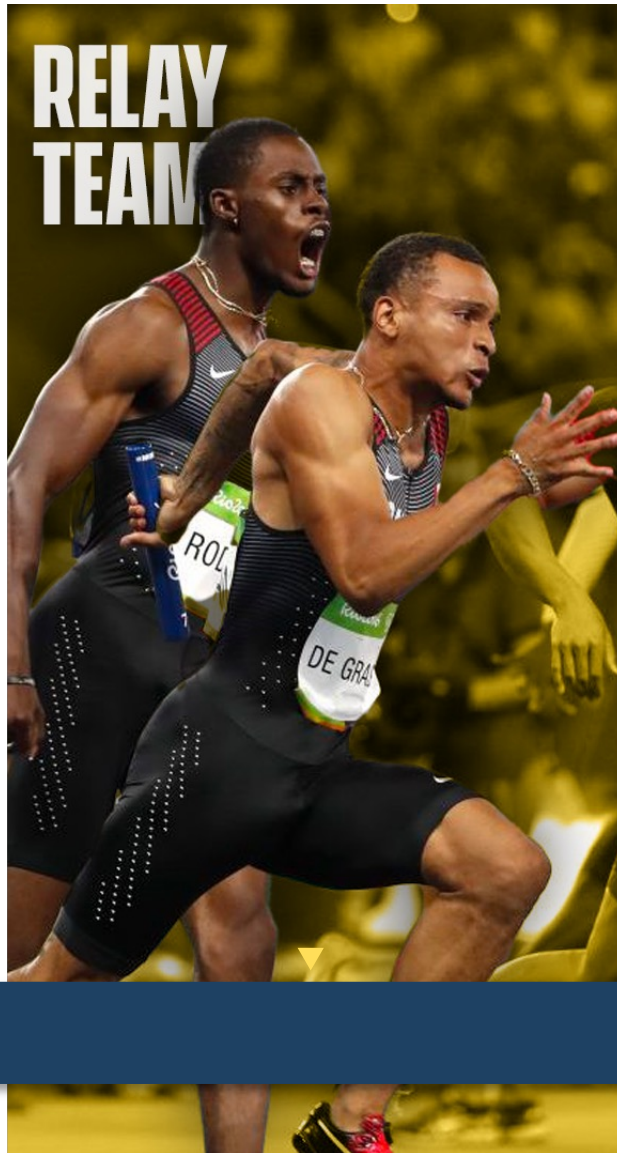


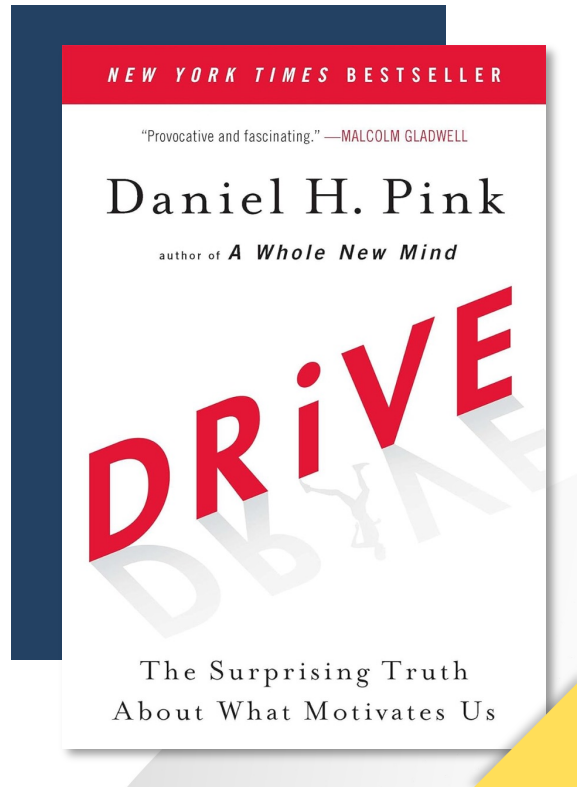
INDEPENDENCE

Team members take

INDIVIDUAL OWNERSHIP

of their tasks and responsibilities, managing their time effectively and making decisions autonomously.







CONTROL
LEADS TO
COMPLIANCE

AUTONOMY
LEADS TO
ENGAGEMENT

Daniel Pink

New York Times Bestselling Author

Department Stand-up

NAME DATE

! My Five Priorities	✓ What I Completed	→ What's Up Next	⊘ Where I Am Blocked

DONALD MILLER
Business Made Simple



NEXT-LEVEL TEAMWORK

The 5 Tensions to Manage for High-Performance Teams

PERSONAL ACTION PLAN

Welcome to Next-Level Teamwork - a journey into collaborative excellence!

To show my appreciation for joining me on this adventure, I am delighted to present you with this editable resource to create your personalized action plan around the book's key concepts and big ideas.

Keep this close as you read through the chapters and take time to reflect and personalize the material so that it moves from interesting to actionable.

Together, we will unlock the superpower of Both/And thinking amidst an Either/Or world and unleash your team's true potential.

Good luck and have fun!

Cheers,

Tim Arnold

CONTENTS

Focusing on Tasks AND Relationships	2
Leveraging Structure AND Flexibility	5
Communicating Truthfully AND Tactfully	8
Promoting Collaboration AND Independence	11
Increasing Empowerment AND Accountability	14
Next Steps	17

1

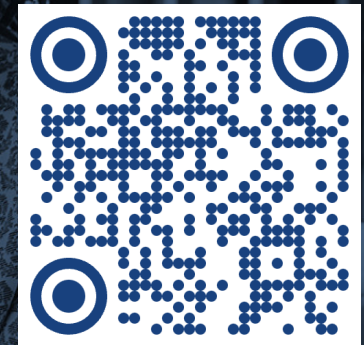
Understand and assess the **5 tensions**

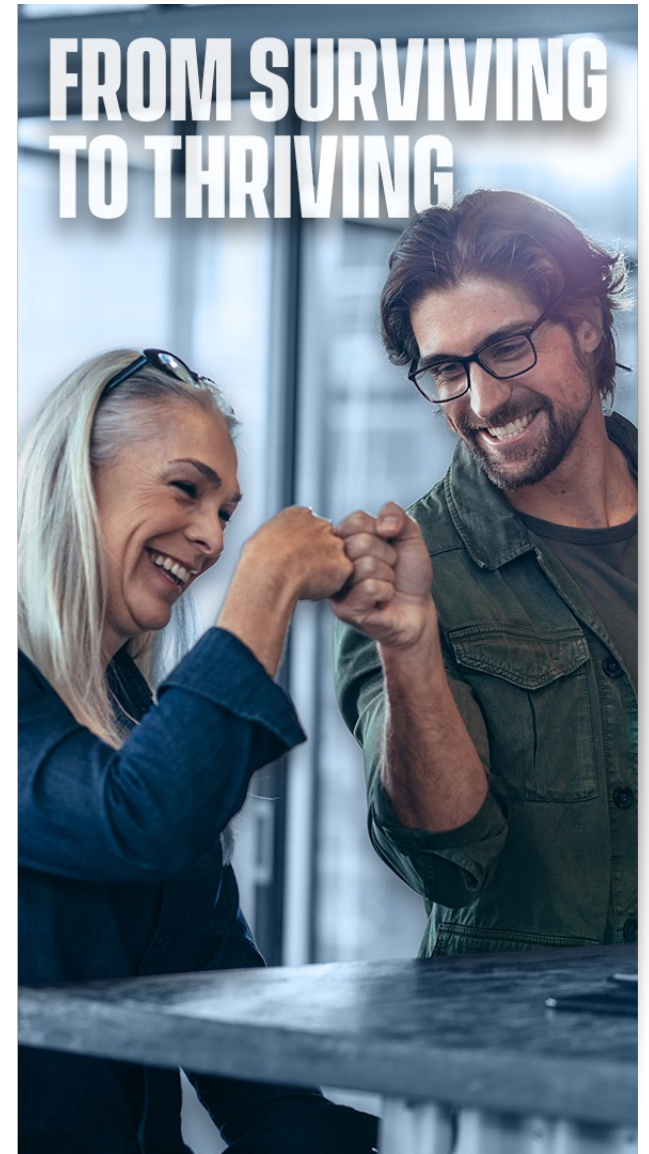
2

Focus on **leveraging**

3

Just **breathe!**







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