

LEADING WITH EXPECTATIONS AND GRACE

A Leaders for Leaders Masterclass

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BREAKOUT #1

1. Talk about a situation (**that had a positive outcome**) when your high expectations pushed you into your moderate zone.
2. What **people and/or things** allowed you to be successful?



COMFORT ZONES



Comfort Zone

Something you're comfortable, confident and familiar with. Doesn't take a lot of physical, emotional or mental energy.



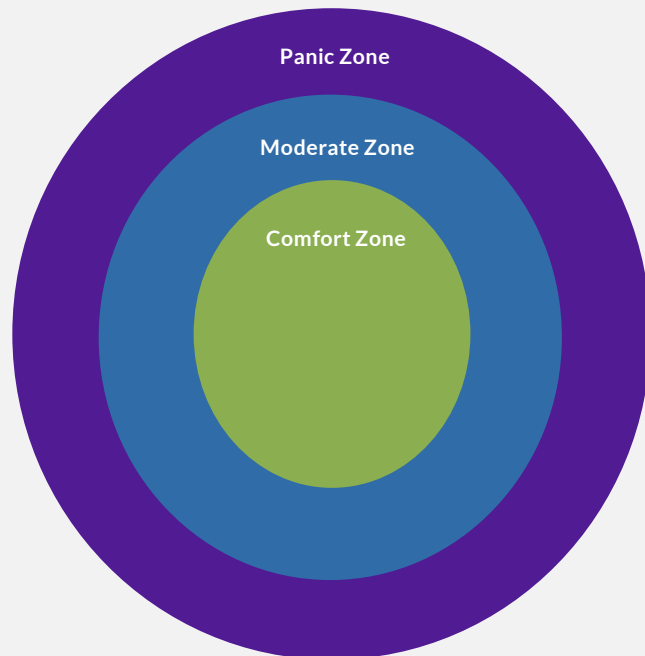
Moderate Zone

You are being stretched either physically, emotionally, or mentally. Also known as your learning zone.



Panic Zone

An unhealthy place where you often fight, flight, or freeze. Also known as the shut-down zone.



BREAKOUT #2

1. Which of the foundations do you need to **commit** to?
2. Is this towards **myself** or towards **others**?
3. What will be the **impact** or outcome if you are able to follow through with this commitment?



FOUNDATIONS OF EXPECTATIONS:

1. Choose to move into your moderate/learning zone.
 - “The most interesting things in life happen just on the other side of your comfort zone.” (Michael Hyatt)
2. Be challenging AND realistic.
 - 1 to 3 goals per season
3. Have minimum standards that are non-negotiable at work & home.
 - i.e. Replying to new inquiries → 24h rule
 - i.e. Dinner with the family around the table 3x per week

FOUNDATIONS OF GRACE:

1. Choose generosity.
 - What’s the least negative assumption I can make about this person/situation?
 - Assume that people are doing their best – always!
2. Give “permission slips.”
 - To others and to yourself.

NEXT STEPS

01 KEEP LEARNING
SLIDES & RESOURCES

02 STAY CONNECTED
NEWSLETTER & SOCIAL MEDIA

03 HELP US GET BETTER
SHARE YOUR FEEDBACK



Personal Action Plan

Commit to one small step today.

Main point to remember from today's masterclass:

What can I **start**, **stop**, or **continue** doing in the next week to put my learning into action?

☒ Start

☐ Stop

☐ Continue

Who can support me and help me stay accountable to this learning commitment?



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