

LEADERS FOR LEADERS

Healthy Communication

Effectively give AND receive feedback.



BREAKOUT #1

- In your breakout group, discuss the **BEST** or **WORST** feedback experience you ever had (example, story, etc.)

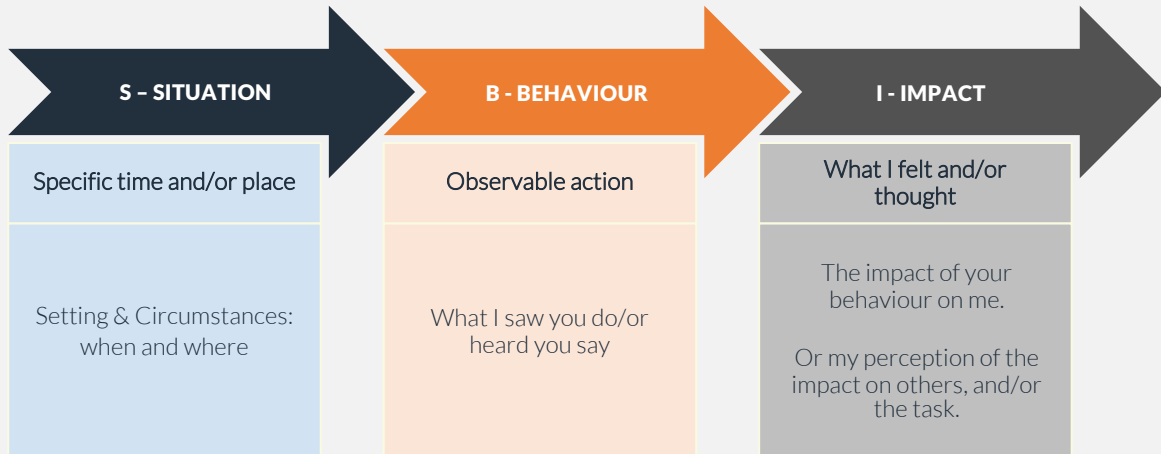


BREAKOUT #2

- Think of 1 positive situation or 1 negative situation where you need to deliver feedback to someone
- Write the SBI you want to deliver
- You will have an opportunity to practice and share in your breakout

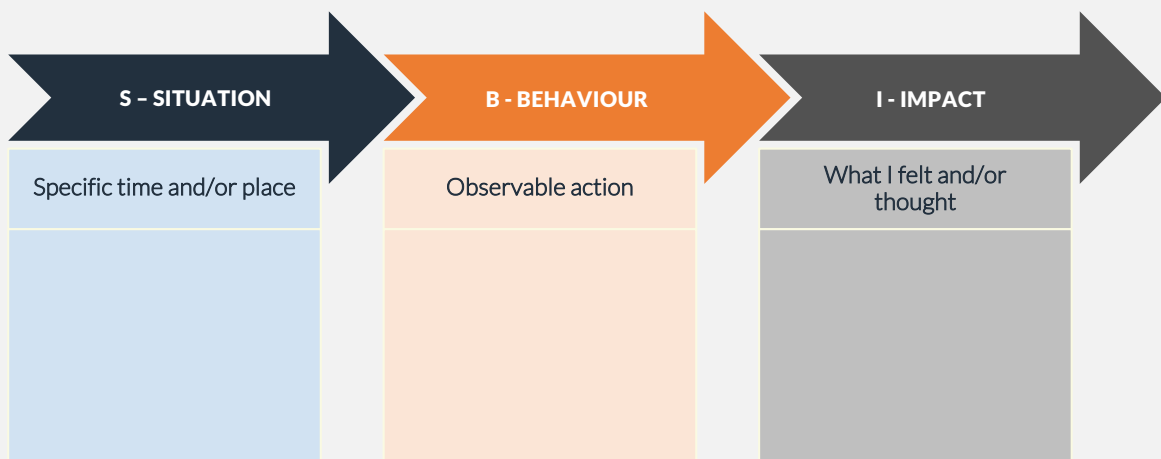
FEEDBACK THAT WORKS

2000, Weitzel



FEEDBACK THAT WORKS

2000, Weitzel





Credit: Susan David

NO IDEAS? TRY THESE!

- Your neighbour has rarely cut their lawn this past season.
- Your co-worker refuses to turn their camera on during virtual team meetings (even though you've asked).
- You are trying to explain something important and your friend or co-worker is constantly looking at their phone.

BREAKOUT #2

- In your small group, take turns sharing your SBIs
- Listen to see if each aspect of SBI was covered
- Share ideas for improvement

TIPS FOR RECEIVING FEEDBACK

1. Appreciate the feedback (say thanks)
2. Investigate
3. Listen to understand



Learning Commitment

Putting learning into action.



MAIN POINT TO REMEMBER ABOUT THIS TOPIC

WHAT CAN I START, STOP, OR CONTINUE DOING IN THE
NEXT 30 DAYS TO PUT MY LEARNING INTO ACTION?

WHAT DO I FEEL MIGHT GET IN THE WAY OF HELPING
ME ACHIEVE THIS COMMITMENT?

WHAT IMPACT WILL THIS COMMITMENT HAVE ON
MY LEADERSHIP EFFECTIVENESS?



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